

Your Historically Included (Non-Target Group) Identities

An Activity

Of which historically included groups are you or have you been a member?

Check all that apply.

- White/Caucasian
- Middle/Upper Class
- Formally Educated
- Manager, Exempt, Faculty
- Men
- Cisgender-Congruent with Gender Binary System
- Heterosexuals
- Christians/Protestant
- WW I & II, Korean, Gulf War
- Young Adults, Adults
- Heterosexual
- Currently "able-bodied"
- U. S. born
- People with English as a first/ dominant language
- Bishops, Priests, Deacons

➤ What are some strengths that come from your experiences as a member of one of the groups you circled? Write down the words that come to mind to describe these strengths.

➤ Now, think about a time you were treated as "better than" because of your membership in one of the groups you've circled. Write down the words that come to mind to describe being treated as "better than".

➤ OR, a time when you found yourself treating a person in a target group as "less than" (may have been intentional or unintentional, conscious or unconscious).